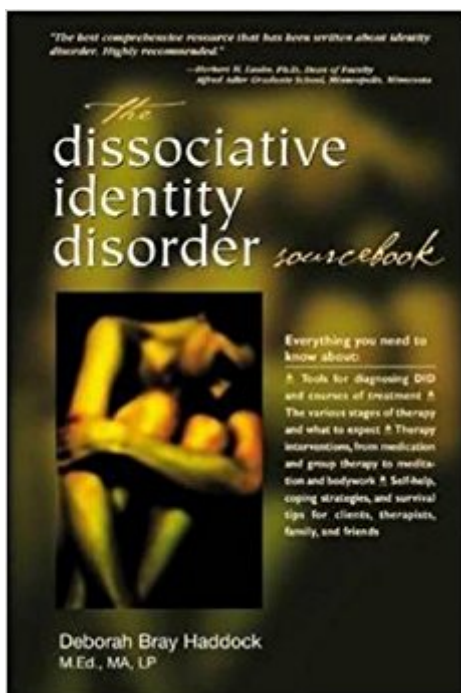


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The Dissociative Identity Disorder Sourcebook (Sourcebooks)



Synopsis

Finally, a book that addresses your concerns about DID From Eve to Sybil to Truddi Chase, the media have long chronicled the lives of people with dissociative identity disorder (DID), formerly known as multiple personality disorder. The Dissociative Identity Disorder Sourcebook serves as a much-needed bridge for communication between the dissociative individual and therapists, family, and friends who also have to learn to deal with the effects of this truly astonishing disorder.

Book Information

Series: Sourcebooks

Paperback: 336 pages

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Average Customer Review: 4.5 out of 5 stars 80 customer reviews

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Customer Reviews

Deborah Bray Haddock, M.Ed., M.A., L.P., is a psychologist specializing in trauma-related disorders, post-traumatic stress, eating disorders, and dissociation.

A great in-depth look at DI D. I've read it practically cover to cover so far and it has been very very helpful in understanding and informing me of a diagnosis that I have recently been blessed with so to speak. It makes me feel less alienated and less scared. It is very well written for someone like me who is just starting out in learning about the disorder or it is also good for someone who already knows stuff about it as well. I recommend it for anyone who is interested in the subject at all.

This book has helped me so much. I understand my condition better now. The way the book is put together is wonderful. It covers all of the important things you need to know and understand. This

should be given to everyone that has this disorder. So they won't feel so alone and frightened of the unknown.

I have read a ton of books dealing with MPD/DID and I must say, this book is a wealth of information written in laymen's terms and is not only one of my favorites, but one that I will keep close at hand as a reference guide. I wish this book was required reading for those in the mental health field. DID is unfortunately a very controversial diagnosis that many in the profession reject and therefore label DID sufferers with schizophrenia or borderline personality. But there are differences, big big differences that are so blatantly overlooked and after reading this book, your eyes will be forever opened to the reality of this disorder.

This is an excellent book to read and own if you or a loved one has DPD.

As a therapist working with adult survivors of child abuse, this has become a fabulous "go to" resource

This has helped my friend really learn about themselves and Dissociative Identity Disorder.

Well-written--helped me understand my world.

Finally someone who gets it and helps you relate it to others. This book has changed my relationship with my husband in so many ways. He finally gets a glimpse of what it is like to be me.

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